## The procedure for putting on a filtering gas mask

A gas mask is put on in several cases: if the "Gases" signal was given or a chemical alarm or radiation contamination alert appeared.



1. Close your eyes tightly and remove your hat. Only in this way will you prevent smoke or poisonous fumes from damaging the mucous membrane of the eye.

2. Remove the gas mask from the special bag in which it was stored.

3. Hold the helmet with your thumbs on the outside and all the rest on the inside.

4. Now you need to attach the lower part of the mask to the chin and pull the helmet over your head with a sharp movement of your hands up and back.

5. If you are putting on a gas mask for the first time, at this stage you need to correct the skew and folds. Only then can you breathe out, breathe in again and open your eyes.



The procedure for removing the gas mask.

The gas mask is removed by the command "Take off the gas masks". To do this, you need to take the valve box with your free hand, slightly pull the helmet-mask down and remove it with a forward and upward movement of your hand