Checklist for the practical skill "Transfer to a stable lateral position (if a spinal injury is suspected)"

FULL NAME. student _____ Group, faculty _____ Date

No	Act	1*	0.5**	0***
1	Make sure the victim has a pulse and breathing	10.0	0	0
2	If you have glasses, remove glasses from the victim and put them in a safe place	10.0	5.0	0
3	Kneel down next to the victim and make sure both of his legs are straight;	5.0		0
4	Take the victim's hand closest to the rescuer up and straighten	15.0	5.0	0
5	Place the victim's other hand along the body	10.0	5.0	0
6	With the other hand, grab the victim's leg farthest from the rescuer just above the knee and pull it up so that the foot does not come off the surface	15.0		0
	 the foot is not completely on the ground the leg is not raised to the required height		5.0 10.0	
7	Pull the victim by the leg and turn him to face the rescuer into a position on his side, so that the victim's head would lie on an outstretched arm	15.0	10.0	0
8	Bend the victim's thigh to a right angle at the knee and hip jointsthe victim's thigh is not bent at a right angle	10.0	5.0	0
9	To keep the airway open and keep secretions out, tilt the victim's head down. • the victim's head is not tilted down	5.0	3.0	0
10	To keep the airway open and keep secretions out, tilt the victim's head down.	5.0	• •	0
	• the victim's head is not tilted down		2.0	
	Total	100.0	50.0	0

* completed completely; ** incompletely executed (with errors); *** did not comply

