

## Checklist of the practical skill "Applying a hemostatic tourniquet"

FULL NAME. student \_\_\_\_\_ Group, faculty \_\_\_\_\_ Date \_\_\_\_\_

№	Act	1*	0.5**	0***
1	Examine the area of damage and check for arterial bleeding	5.0	2.0	0
2	Choose the right place for the application of the tourniquet proximal to the wound	5.0	2.0	0
3	Identify contraindications for the application of a tourniquet	5.0	2.0	0
4	Raise limb	10.0	5.0	0
5	Place a soft cloth (bandage, clothing, etc.) over the site of the tourniquet,	10.0	5.0	0
6	Applying several turns until the bleeding stops completely <ul style="list-style-type: none"> <li>• the turns are not tightly applied, there are folds of clothing between them</li> <li>• turns are superimposed distally relative to each other</li> <li>• turns are superimposed on one another, and not displaced by 2/3</li> </ul>	25.0		0
			15.0	
			6.0	
			6.0	
7	The ends of the tourniquet are securely fixed (tied or fastened with a chain and hook)	15.0	2.0	0
8	After the imposition of the coils, the bleeding stopped, there is no pulsation on the periphery	15.0	-	0
9	A note is attached to the harness indicating the time of the harness application	10.0	5.0	0
	Total	100.0	50.0	0

\* completed completely; \*\* incompletely executed (with errors); \*\*\* did not comply

## Этапы наложения жгута



- подвести под конечность, растянуть
- не уменьшая натяжения, затянуть вокруг конечности на 2-3 витка (один на край другого)
- закрепить концы
- прикрепить записку о времени наложения